

## Holidays and unforgettable experiences in the Tennengau Region of SalzburgerLand

**Anyone who has ever been here is certain to return in time and again: The Tennengau Region lies in the heart of SalzburgerLand, yet only a few kilometers from the City of Mozart. Flanked by imposing mountains, including the famous Dachstein, the region offers a variety of experiences quite beyond compare. From folk traditions and culture to an array of culinary highlights and sporting activities: Holidaymakers find everything imaginable to make this precious time of year absolutely unforgettable.**

**The Tennengau Region consists of 14 idyllic communities in total:**

*Abtenau, Adnet, Annaberg-Lungötz, Bad Vigaun, Golling, Hallein-Bad Dürrnberg, Krispl-Gaissau, Kuchl, Oberalm, Puch, Russbach, Scheffau, St. Koloman and St. Martin am Tennengebirge.*

Already the Celts knew about the valuable natural treasures of the Tennengau region and settled in the immediate vicinity of the rich salt deposits near Hallein. Today, visitors to Dürrnberg still follow in the footsteps of the Celts, but history can also be experienced up close in the other villages throughout the region: for example, at the medieval Golling Castle, in the Marble Museum of Adnet or in the Silent Night District in Hallein. The impressive natural landscapes of the Tennengau form the wonderful scenery for unforgettable holiday moments: the Osternhorn mountains with its rich alpine pastures in the Salzach valley, the wildly jagged Gosaukamm and the karst massif of the Tennengebirge in the Lammer valley.

### Moving holiday moments

The adventure region is characterized by impressive natural spectacles and attractive excursion destinations: the picturesque Gollinger waterfall, the roaring Lammerklamm gorge, the “Lammertal virgin forest” with Austria's tallest trees or the Postalm as the largest related alpine area in Austria, invite you to romantic walks, long hikes or challenging. Those who prefer to explore the holiday region by bike can choose between family-friendly paths or challenging mountain bike tours in all levels of difficulty. Relaxation and recuperation after exercise are offered by the numerous swimming lakes and outdoor pools, e.g., the water park in Rußbach, the Aqua Salza wellness paradise in Golling or the thermal spa Heiltherme Bad Vigaun.

### An excursion paradise for visitors

Fast descents on the “Keltenblitz” - the longest summer toboggan run in Salzburg, deep insights into salt mining in the oldest visitor mine in the world at the Salzburg Salt Mine on Dürrnberg, gourmet tours over the Tennengau Alpine pastures or a visit to “Brunos Bergwelt” in Rußbach promise a lot of variety for your family holiday. The event calendar in the Tennengau gourmet and adventure region is also packed: the offering ranges from traditional events to the largest hay festival, the “HeuART” festival in Lammertal, to culinary events and specialty weeks.



**32 TOP excursion destinations in Tennengau region**

## Cleverix puzzle tour

An adventurous journey of discovery awaits children visiting the 32 TOP family-friendly excursion destinations in Tennengau. The little celtic lad shows little explorers new and unknown things in the region. With Cleverix's help a treasure can be found.



Discover Cleverix, the celtic lad

## Erlebnisplaner Tennengau

The informative brochure “Erlebnisplaner Tennengau” presents all 32 TOP excursion destinations at a glance. The planner is available free of charge from the Tennengau guest service and from all Tennengau tourist offices.

## Tennengau gourmet region

As you spend your holidays in Tennengau, there is perhaps one thing that stands out above all: the love for good food! Be that the region’s multiple-award-winning Tennengauer Almkäse cheese, our top-quality inns and restaurants, or the shops and markets that carry an irresistible selection of local products – in other words, the Tennengau practically lives and breathes regionalism. And this is far from a trendy new development: Tennengau producers have nurtured the region’s culinary traditions for decades. Methods of preparation that have been handed down through the generations coupled with ingredients from neighborhood suppliers give the products their distinctive taste. With so much variety to choose from, cheese lovers, avowed carnivores, sweet-tooths and herb fans are all certain to discover something that will catch their fancy. But there are many other delectable products you will need to sample here before your culinary visit is truly complete. Only when you have tasted our local juices, fine distilled spirits and sweet creations, will you truly have acquainted yourself with the full “flavor” of our region. Family businesses lovingly make these outstanding products by hand, using only the finest ingredients.

Everyone is welcome to taste and enjoy the wide variety delicacies.



Tennengau gourmet region

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